



Leon County Senior Outreach

April/May 2011

Bradfordville

Bradfordville Senior Day: Wed, April 13 & May 11, 10:30 am - 12:30 pm. Wildwood Presbyterian Fellowship Hall, 100 Ox Bottom Road. Suggested \$6 lunch donation.

Historic Bradfordville Schoolhouse, 3439 Bannerman Road

Draw With Your Eyes, Paint With Your Heart: Wed, 1 - 4 pm, April 6 - May 11 (6 weeks). Skill level: beginning/intermediate. \$48 (55+); \$60 others. Registration required. Call 891-4016.

Beginning Acrylics and Mixed Media Acrylics: Fri, April 8 - May 13, 12:30 - 3:00 pm, \$48 (55+); \$60 others. Registration required. Call 891-4016.

Senior Fitness Beginners: Tues. & Thurs, 10:30 - 11:15 am. Suggested \$2 donation.

Senior Fitness Intermediate: Tues & Thurs, 11:30 am - 12:30 pm, Suggested \$2 donation.

Senior Fitness - Afternoon Class: Tues & Thurs, 1 - 2 pm. Suggested \$2 donation.

Social Bridge: Every Mon, 1 - 4 pm. Suggested \$1 donation.

Social Bridge II: Every Thurs, 2:30 - 4:45 pm. Suggested \$1 donation.

Chaires-Capitola

Dorothy C. Spence Community Center, 4768 Chaires Crossroad

Chaires-Capitola Senior Day: Tues, April 26 & May 24, 10:30 am - 12:30 pm. Suggested \$6 lunch donation.

Drawing and Painting Workshop: Wed, 1 - 3:30 pm, April 6 - May 11 (6 weeks). Skill level: beginning/intermediate. \$48 (55+); \$60 others. Registration required. Call 891-4016.

Senior Fitness Class: Mon, Wed & Fri, 9:15 - 10:15 am. Suggested \$2 donation.

Bollywood Fitness: Tues & Thurs, 9 - 10:00 am (no class April 12 - May 5), Suggested \$2 donation.

Fort Braden

Fort Braden Community Center, 16387 Blountstown Hwy.

Fort Braden Senior Day: Tues, April 19 & May 17, 10:30 am - 12:30 pm. Suggested \$6 lunch donation.

Beginning Painting with Oils & Acrylics: Thurs, 2 - 5:00 pm, April 7 - May 12 (6 weeks). Skill level: beginning. \$48 (55+), \$60 others. Registration required. Call 891-4016.

Senior Fitness Class: Mon & Wed, 10:30 - 11:30 am. Suggested \$2 donation.

Zumba Fitness: Mon, Tues, Wed, & Thurs, 6:30 - 7:30 pm. \$3 per class (under 55), \$2 per class (55+).

Miccosukee

Miccosukee Community Center, 13887 Moccasin Gap Road

Miccosukee Senior Day: Thurs, April 7 & May 5, 10:30 am - 12:30 pm. Suggested \$6 lunch donation.

Bus Trip to WalMart: Friday, April 1 & May 6, 10:00 am - 12:30 pm. \$2 round-trip.

Woodville

Woodville Community Center, 8000 Old Woodville Rd

Woodville Senior Day: Thurs, April 14 & May 12, 10:30 am - 12:30 pm. Suggested \$6 lunch donation.

Senior Fitness Class: Mon and Wed, 8:30 - 9:30 am. Suggested \$2 donation.

Zumba Fitness: Sat, 9 - 10 am. \$3 per class (under 55), \$2 per class (55+).

Calendar of Events



Call 891-4065 or 891-4033 for More Information

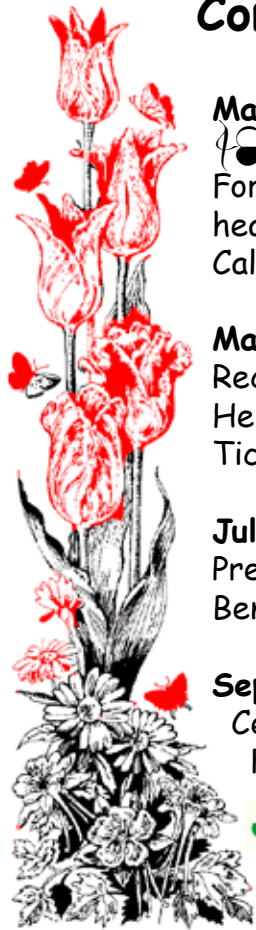
Grandparents as Parents (GaP)

GaP Support Lunch: Wed. April 27 & May 25, 11:30 am - 1 pm. Leon County Public Library, 200 W. Park Ave. Program Room A. Child care provided for summer months. No cost, but reservations are required. Call 891-4008.

GaP Spring Social: Sat, April 30, 11 am - 1 pm. Tom Brown Park. Come join the fun with lunch and games for the whole family at the annual Grandparents as Parents Spring Social. RESERVATIONS REQUIRED. Call Ashley 891-4008.

Call Ashley at 891-4008 if you would like more information or to RSVP for any events above. Thank you for making your reservations early. It helps us plan.

Coming Up . . .



May 14: USA Ballroom Dance Annual Black and White Charity Ball 

 Benefit for the Tallahassee Senior Center and Foundation

Formal to semi-formal attire. Dance lesson 6:30 - 7 pm; dancing 7:30 - 10:30 pm; heavy hors d'oeuvres served starting at 7:15 pm. Tickets \$25

Call Karen Ashworth at 559-2424 or visit www.usadance6010.org

May 19: 10th Annual SILVER STARS ★ ★ ★ ★ ★

Recognizing 2011 Silver Stars and Tallahassee Senior Center volunteers

Held at FSU's University Center Club. \$40 single, \$75 couple; \$360 table of 10
Tickets go on sale April 15. Call 891-4000

July 1: 3rd Annual Patriotic Concert - Celebrate America! 

Presented by the Tallahassee Community College Band

Benefits the Tallahassee Senior Center. \$5 adult ticket, children free

September 8 - 9: 13th Annual Active Living Expo 

Celebrating National Senior Center Month

For exhibitor or sponsorship information, call 891-4007

 **October 17 - 21: 2nd Annual LifeLong Learning EXtravaganza** 

Art, Parks, & Culture! Call 891-4007

Come Join the Fun!

Leon County Senior Outreach, a program of the Tallahassee Senior Foundation, appreciates the support and sponsorship of many local businesses, some of which attend Senior Day events as exhibitors. However, it is our policy not to endorse, recommend or favor any specific services or products. Attendance at our events does not constitute an endorsement from the Tallahassee Senior Foundation or the Leon County Senior Outreach program.